



1

What's a TRINITY? The word trinity is broadly defined as a group of three closely related people, things, concepts, or entities functioning as a unit. It stems from Latin roots meaning *threefold*. While the term is most often thought of in a religious context, trinities frequently appears in several secular fields, which Rev. Bil calls "Wholly Trinities."

Some of the 'Wholly Trinities' are:

- brain, heart, and gut;
- people, places, and things;
- do's, don'ts, and won'ts;
- could of's, should of's, and would of's;
- morning, noon, and night;
- gold, silver, bronze;
- lights, camera, action;
- possibilities, probabilities, and actualities;
- body, mind, and soul;
- past, present, and future;
- id, ego, superego;
- beginning, middle, end;
- solid, liquid, gas;
- length, width, height;
- ready, aim, fire;
- yadda, yadda, yadda;
- etc., etc. etc.!

A Bil-ism!

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2

What is a TRINITY? From a "Faith-Based" Perspective

- Hinduism Male Trinity: Brahma the Creator, Vishnu the Preserver, and Shiva the Destroyer
- Hinduism Female Trinity: Goddesses Saraswati [Pure Consciousness/Wisdom/Learning], Lakshmi [Abundance/Joy/Spiritual Liberation], and Parvati [Cosmic Energy/Power/Transformation]
- Mahayana Buddhism—The Three Jewels : Buddha [Enlightened One], Dharma [the teaching], and Sangha [the community]
- Taoism—The Three Pure Ones [the three Cosmic Energies of the Tao]: Celestial Pure One [unborn potential]; Jade Pure One [Yin-Yang Forces/Cosmic Order], and Grand Pure One [Vital Life Force/Manifestation]
- Christianity: God the Father, God the Son, and God the Holy Spirit
- Unity: Mind, Idea, Expression

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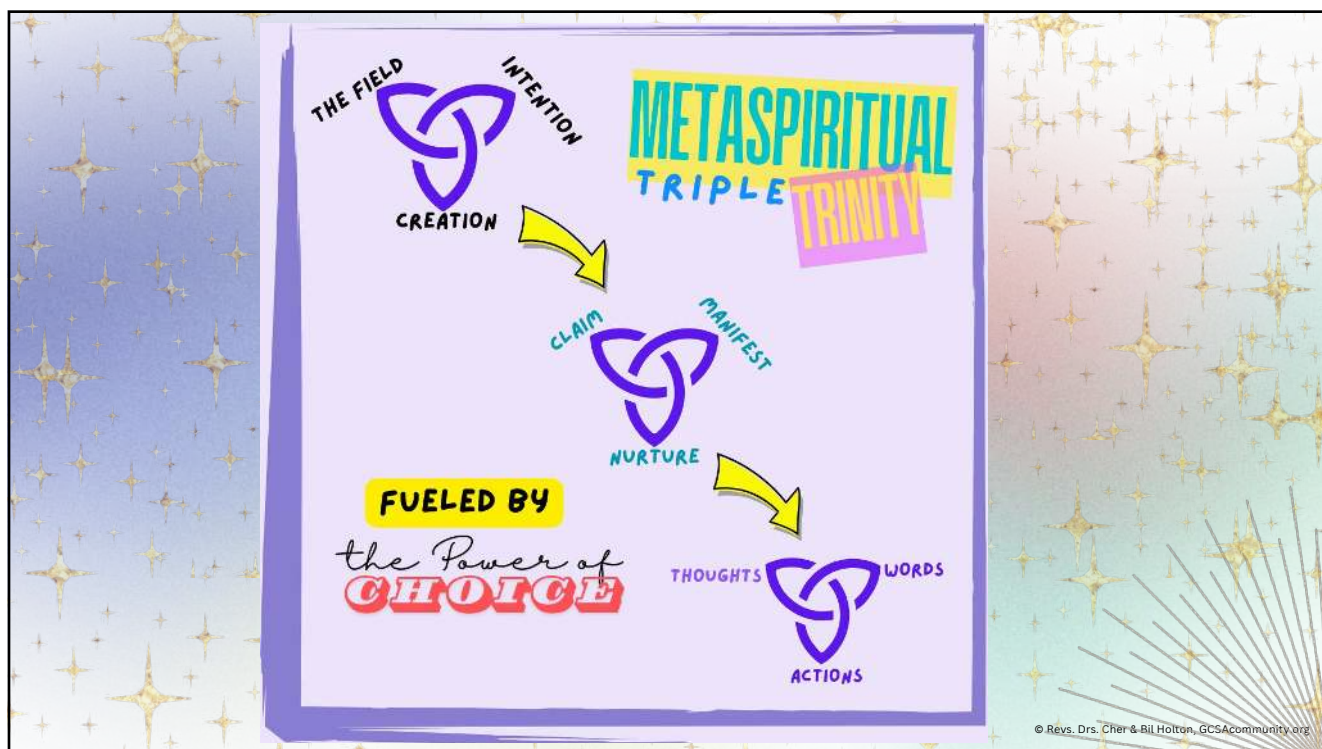
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Introducing . . .

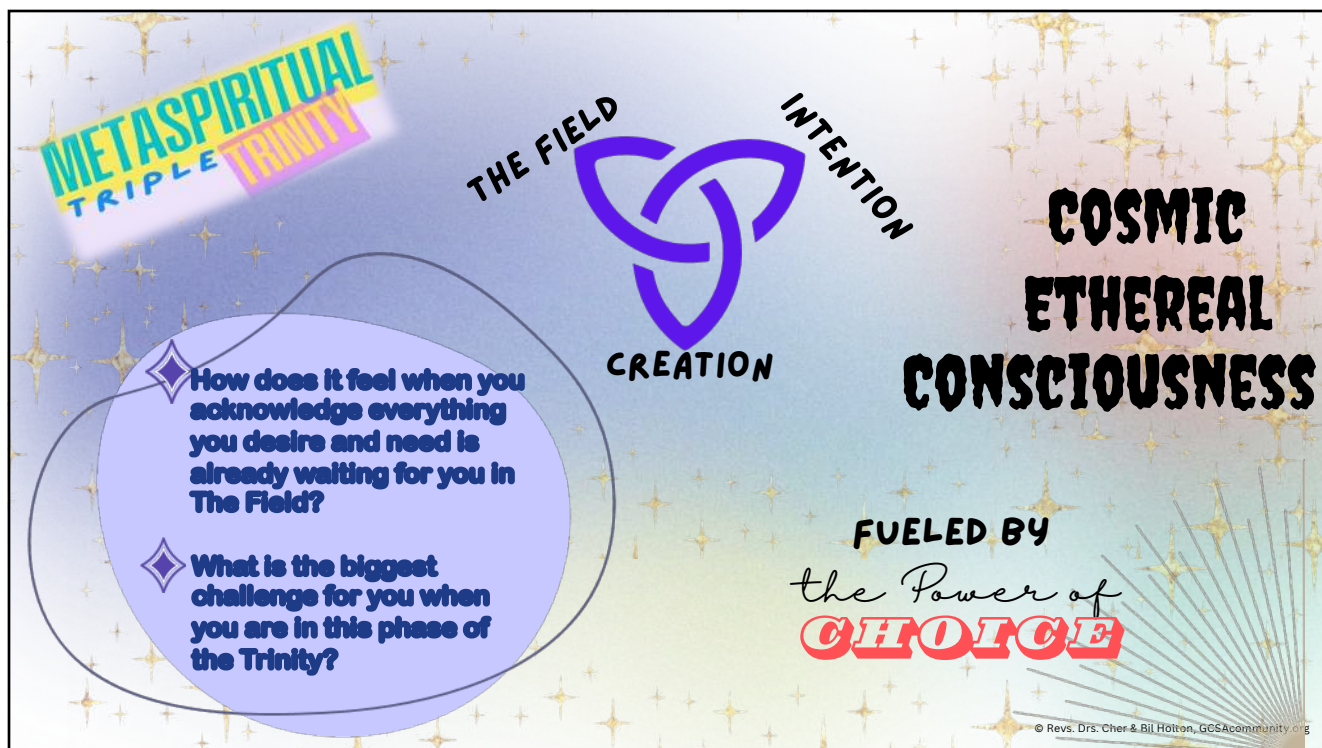
**METASPIRITUAL
TRIPLE TRINITY**

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4



5



6

METASPIRITUAL TRIPLE TRINITY

CLAIM **MANIFEST** **NURTURE**

MATERIAL FINITE
human consciousness

FUELED BY
the Power of
CHOICE

As you *Claim, Manifest, and Nurture* your intention, what is one tangible way you can bridge the gap between ethereal inspiration and your daily reality?

What does it look like for you to *Nurture* your creation while still allowing it the space to grow in its own time?

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7

METASPIRITUAL TRIPLE TRINITY

THOUGHTS **WORDS** **ACTIONS**

Refined Customized Personal

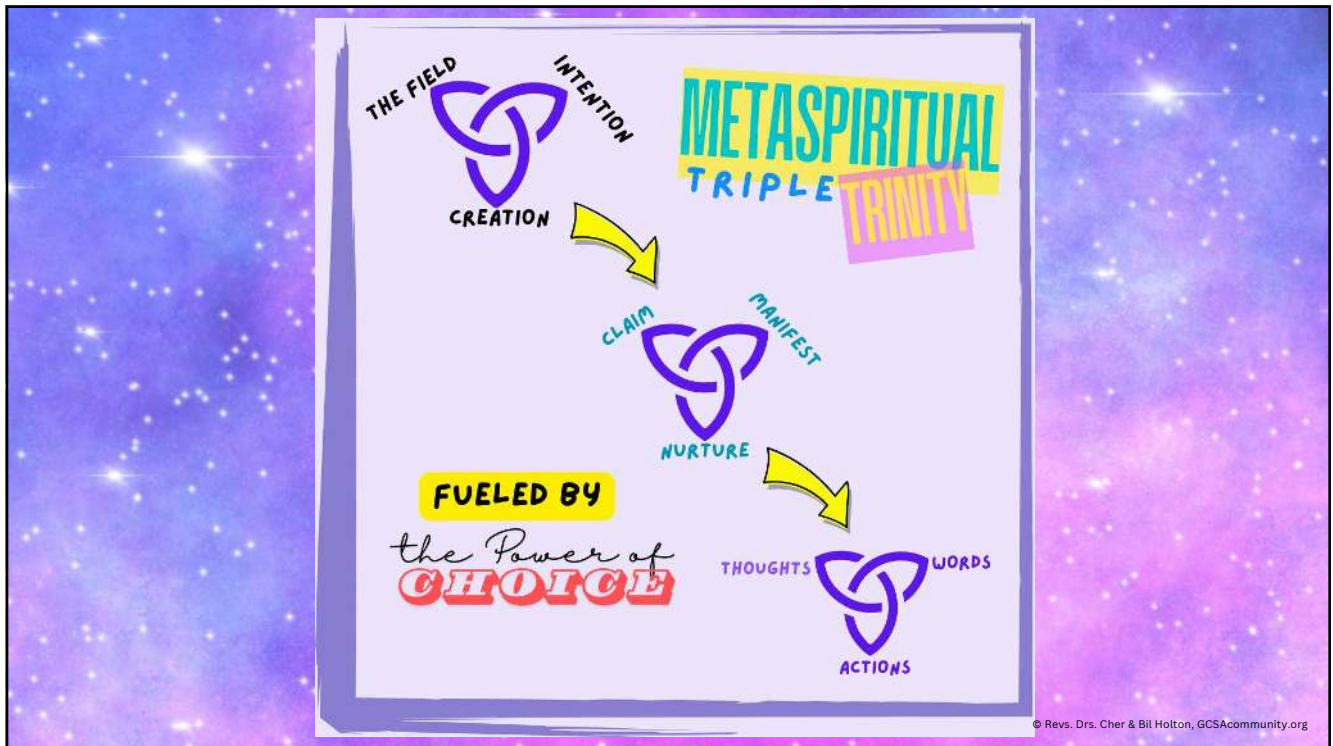
FUELED BY
the Power of
CHOICE

Looking at your "Thoughts," "Words," and "Actions," which one currently serves as your strongest tool for grounding your intentions into your daily life? Which one needs strengthening?

How can you use your "Power of Choice" to consciously align your "Thoughts," "Words," and "Actions" to better reflect the vision you are creating?

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8



9



10

Spiritual Practice:
Time Zone/ Currency Check-in

This practice takes less than two minutes and is designed to be used whenever you feel yourself drifting out of alignment with your intended creation.

Step 1: Check your Timezone (Present Moment)
Pause for a moment and take a deep breath. Acknowledge that you are exactly where you need to be—in the present moment. This is the only "timezone" where you have the power to create.

Step 2: Assess your Currency (Choice)
Ask yourself: "What am I currently 'spending' my focus on?" Are your thoughts, words, or actions fueling the vision you want to manifest, or are they being spent on old patterns?

Step 3: Re-align with the Triple Trinity
Quickly identify where you are in the flow—are you in the Ethereal (Intention/The Field), the Material (Claiming/Nurturing), or the Personal (Thoughts/Words/Actions)?

action plan
Make one conscious
Choice to adjust one
thought, word, or
action to better
match that level.

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11



12