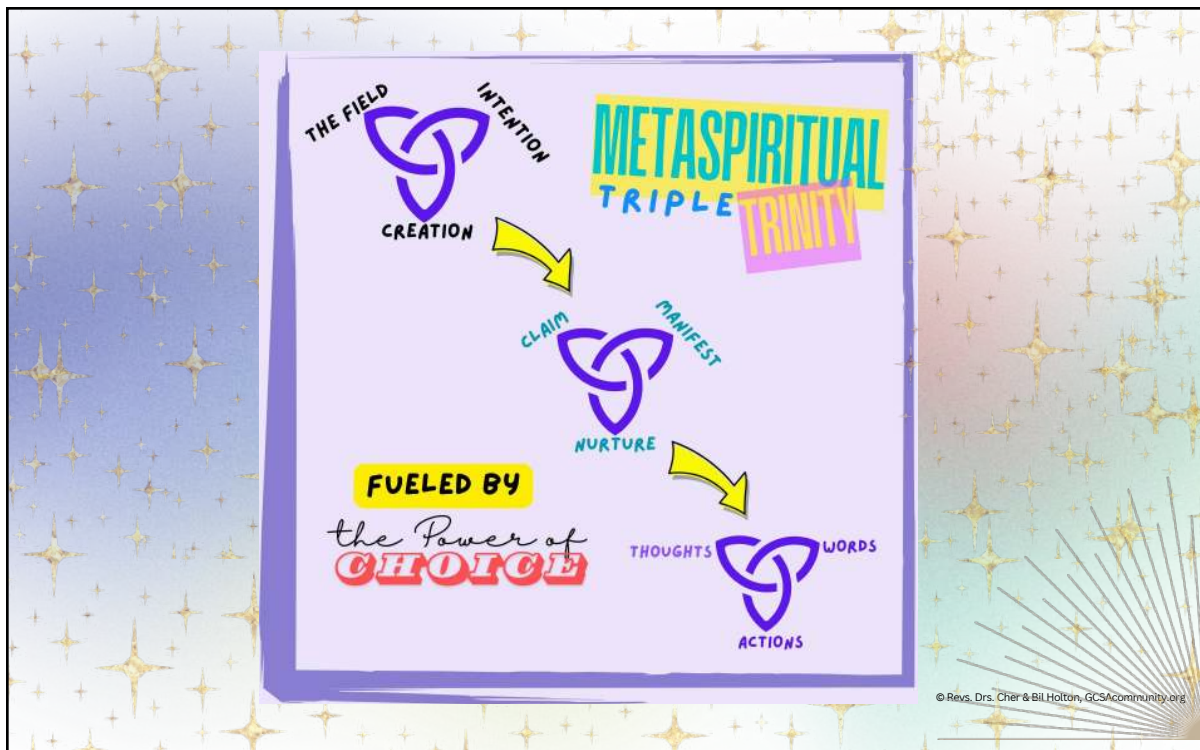
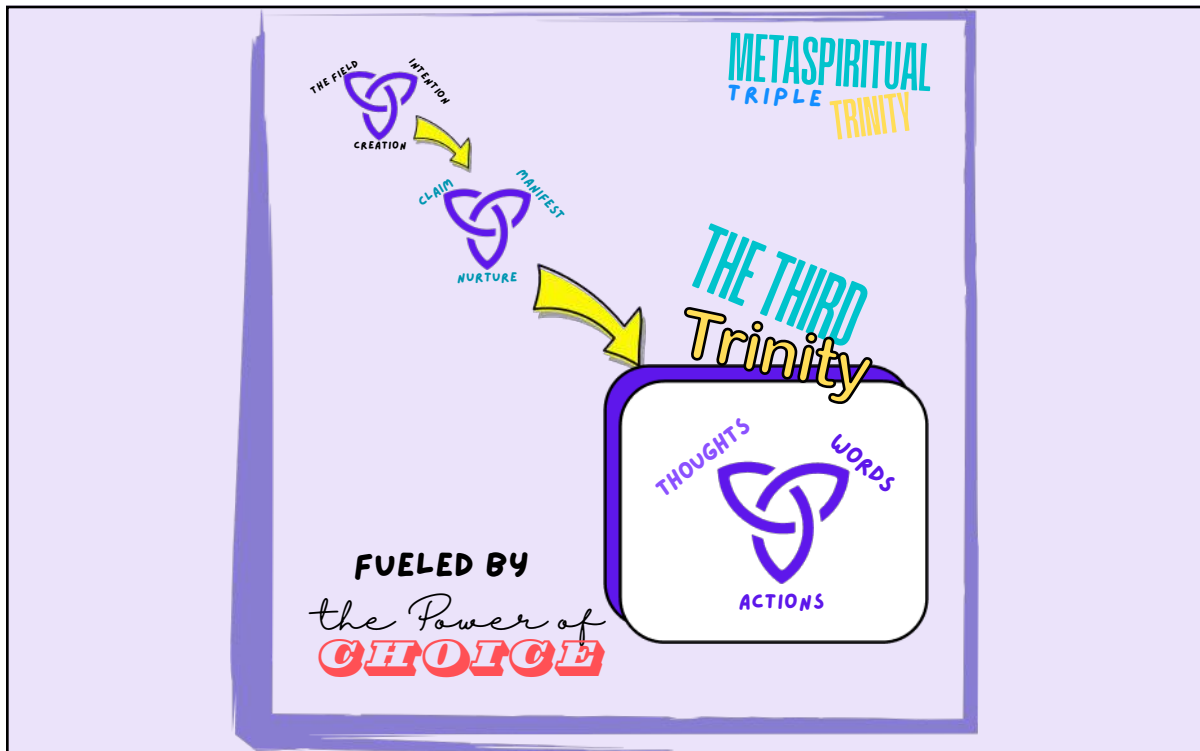




1



2



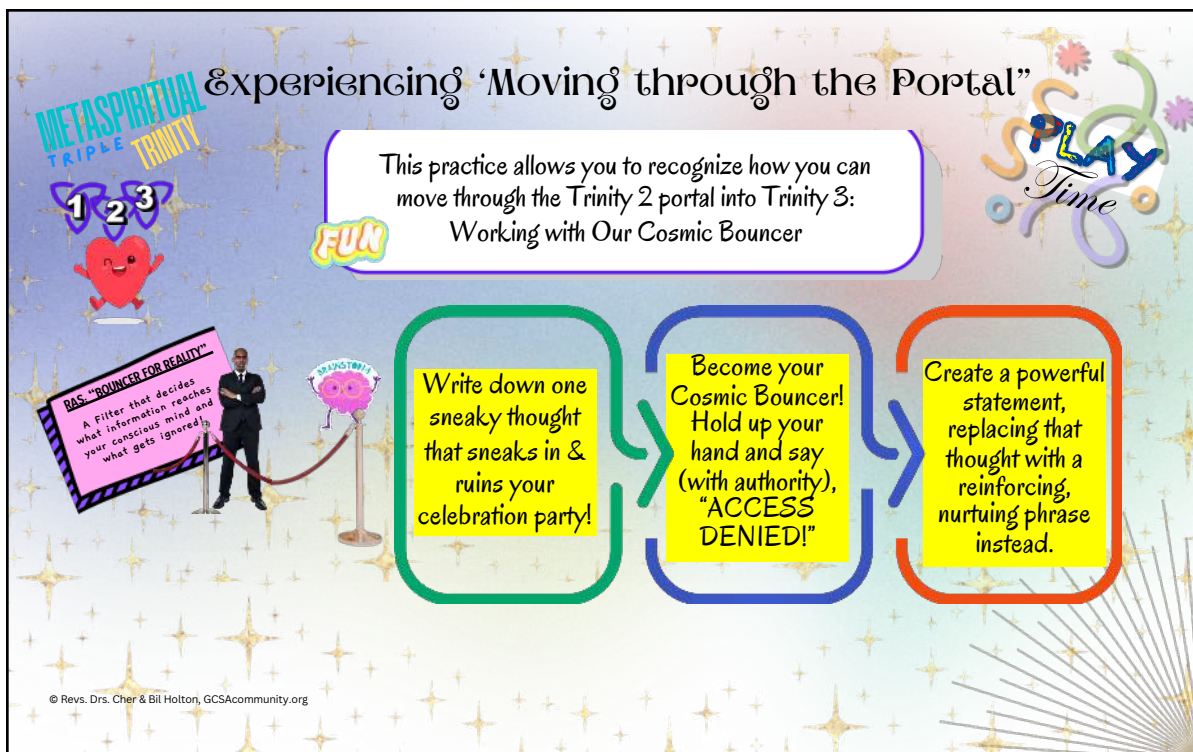
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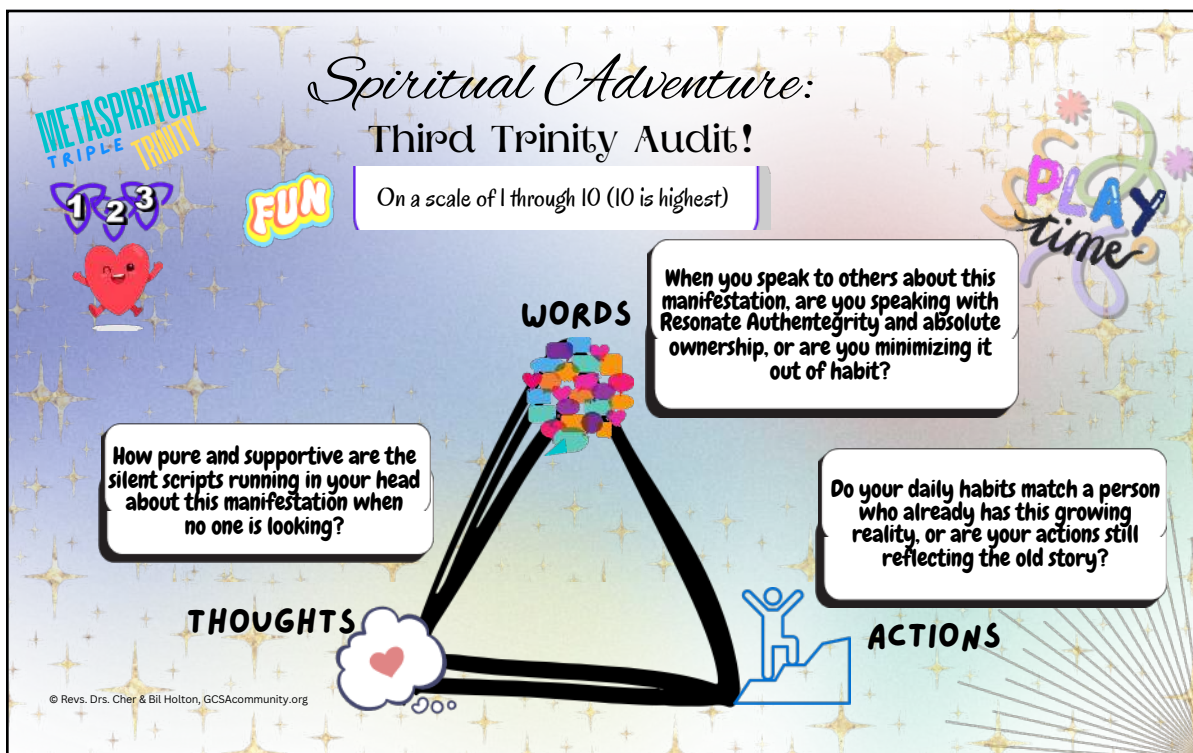
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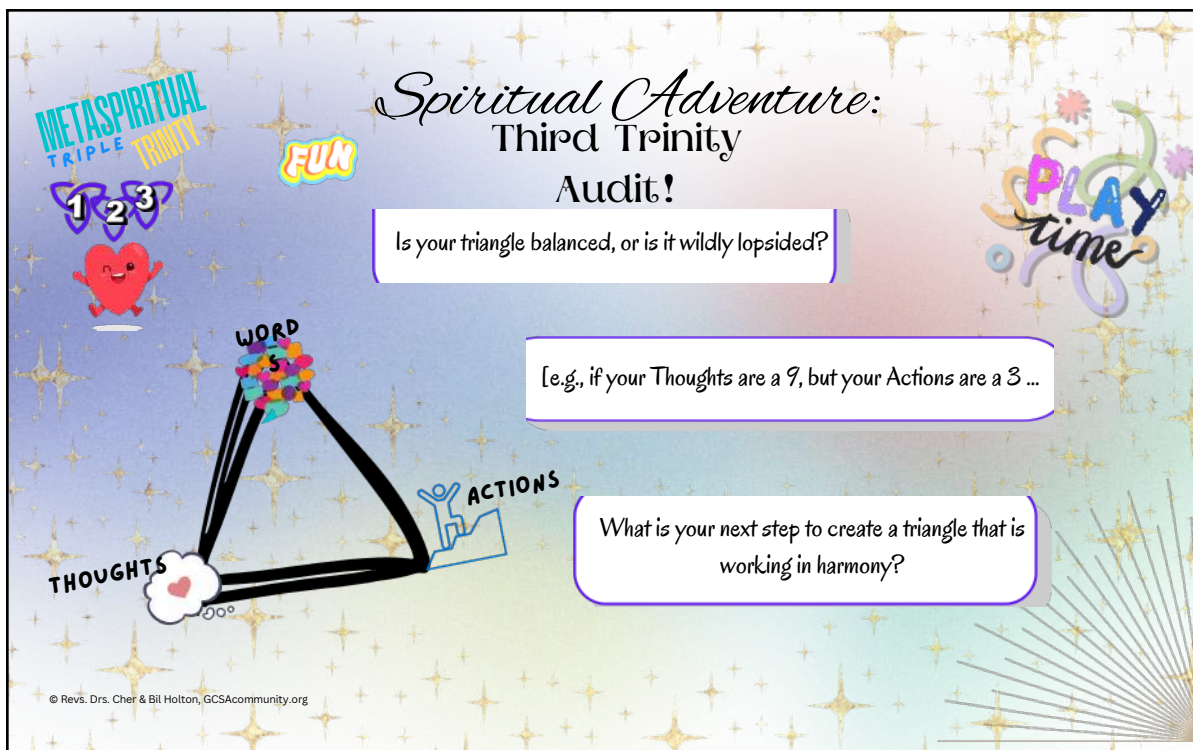
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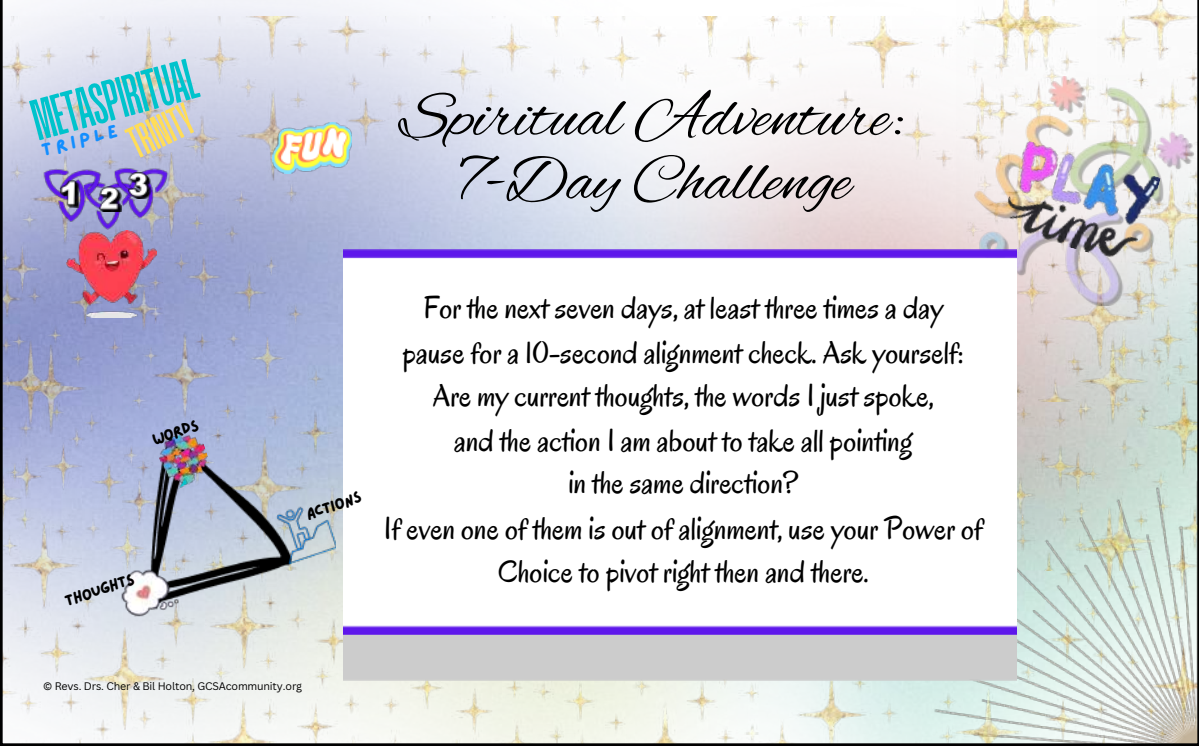
6



7



8



The graphic features a light blue background with a pattern of small, multi-pointed stars. In the top left corner, the text "METASPIRITUAL TRIPLE TRINITY" is written in a stylized, colorful font. Below this, the numbers "1 2 3" are displayed in a purple, bubbly font, with a red heart character positioned underneath. To the right of the heart, the word "FUN" is written in a yellow, bubbly font. In the bottom left corner, a diagram shows a triangle with three vertices labeled "THOUGHTS" (with a thought bubble icon), "WORDS" (with a speech bubble icon), and "ACTIONS" (with a person icon). In the top right corner, the words "PLAY time" are written in a colorful, bubbly font. The central text is enclosed in a white box with a purple border.

Spiritual Adventure: 7-Day Challenge

For the next seven days, at least three times a day
pause for a 10-second alignment check. Ask yourself:
Are my current thoughts, the words I just spoke,
and the action I am about to take all pointing
in the same direction?
If even one of them is out of alignment, use your Power of
Choice to pivot right then and there.

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