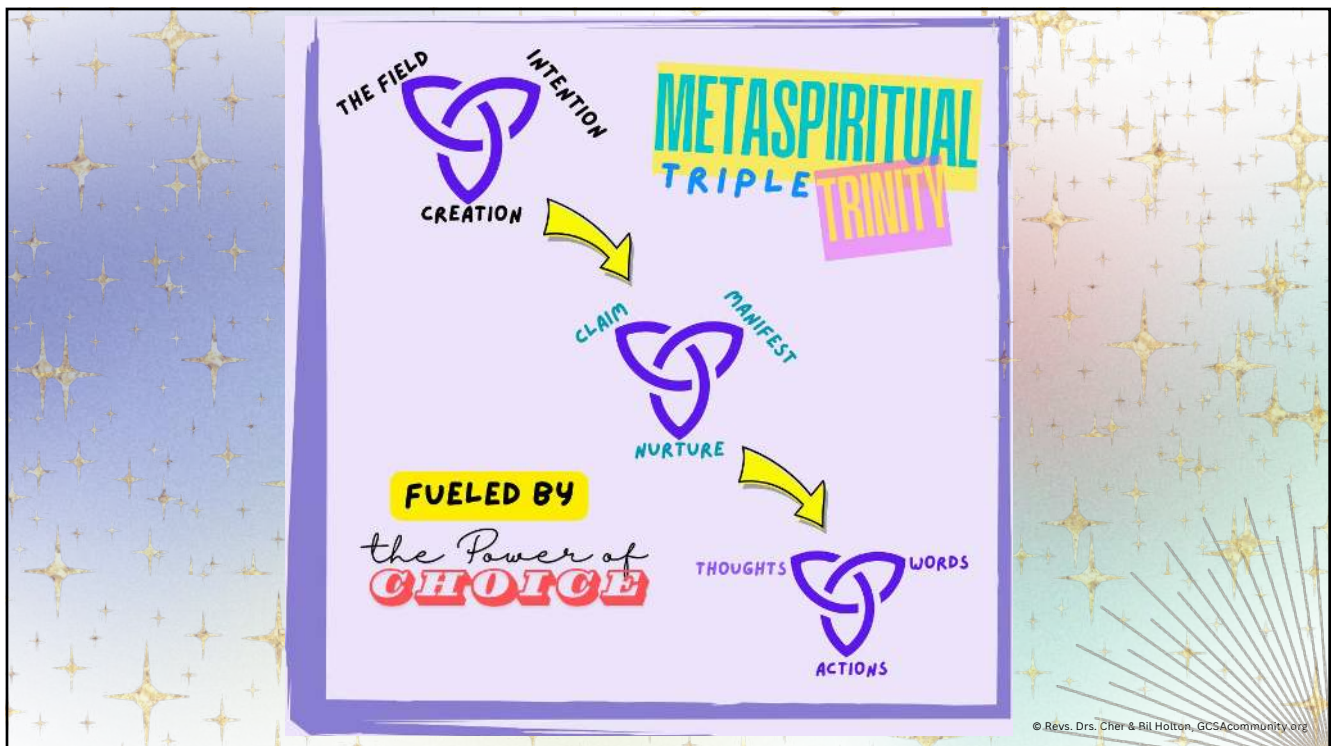




1



2

METASPIRITUAL TRIPLE TRINITY
1 2 3

Spiritual Adventure

How you can move from where you are to where you want to go:

HOW'D IT GO?

FUN

PLAY time

RAS: "BOUNCER FOR REALITY"
A Filter that decides what information reaches your conscious mind and what gets ignored!

Write down one sneaky thought that sneaks in & ruins your celebration party!

Become your Cosmic Bouncer! Hold up your hand and say (with authority), "ACCESS DENIED!"

Create a powerful statement, replacing that thought with a reinforcing, nurturing phrase instead.

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3

METASPIRITUAL TRIPLE TRINITY
1 2 3

The Vulnerability Gap



CLAIM **MANIFEST**
NURTURE
WORDS
THOUGHTS **ACTIONS**

The period between claiming an intention and seeing its full physical reality is the "incubation zone." This is where human impatience usually causes people to dig up the seed to see if it's growing.

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4

METASPIRITUAL TRIPLE TRINITY
1 2 3

Handling the “Whys” and “What Ifs”

Skin School Has Physical Rules (The Law of Density)

Abundance vs. The “Vending Machine” Mindset

Shifting from Ego Desire to “Essence Alignment”

The Trap of the “Manifestation Shame Cycle”

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5

METASPIRITUAL TRIPLE TRINITY
1 2 3

Third Trinity Audit!

On a scale of 1 through 10 (10 is highest)

Intention

FUN

WORDS

THOUGHTS

ACTIONS

PLAY time

How pure and supportive are the silent scripts running in your head about this intention when no one is looking?

When you speak to others about this intention, are you speaking with absolute authenticity and absolute ownership, or are you minimizing it out of habit?

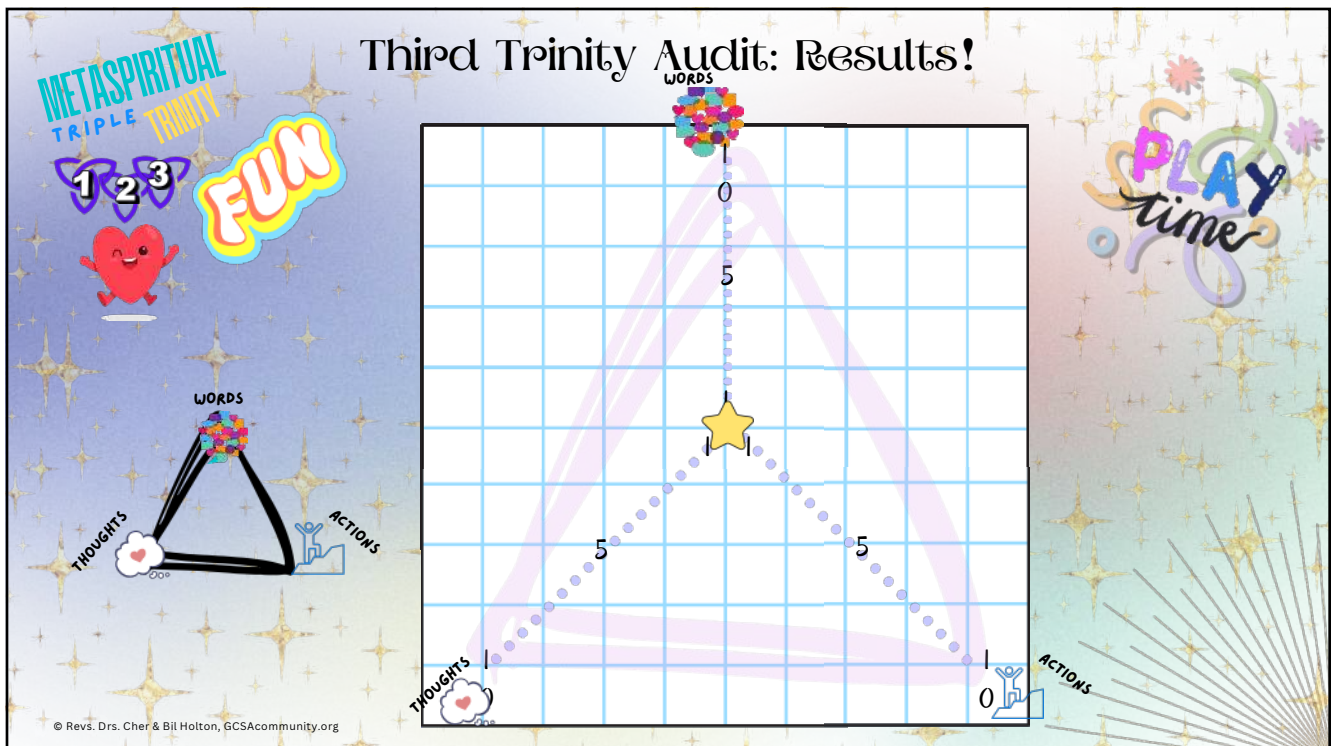
Do your daily habits match a person who already has this growing reality, or are your actions still reflecting the old story?

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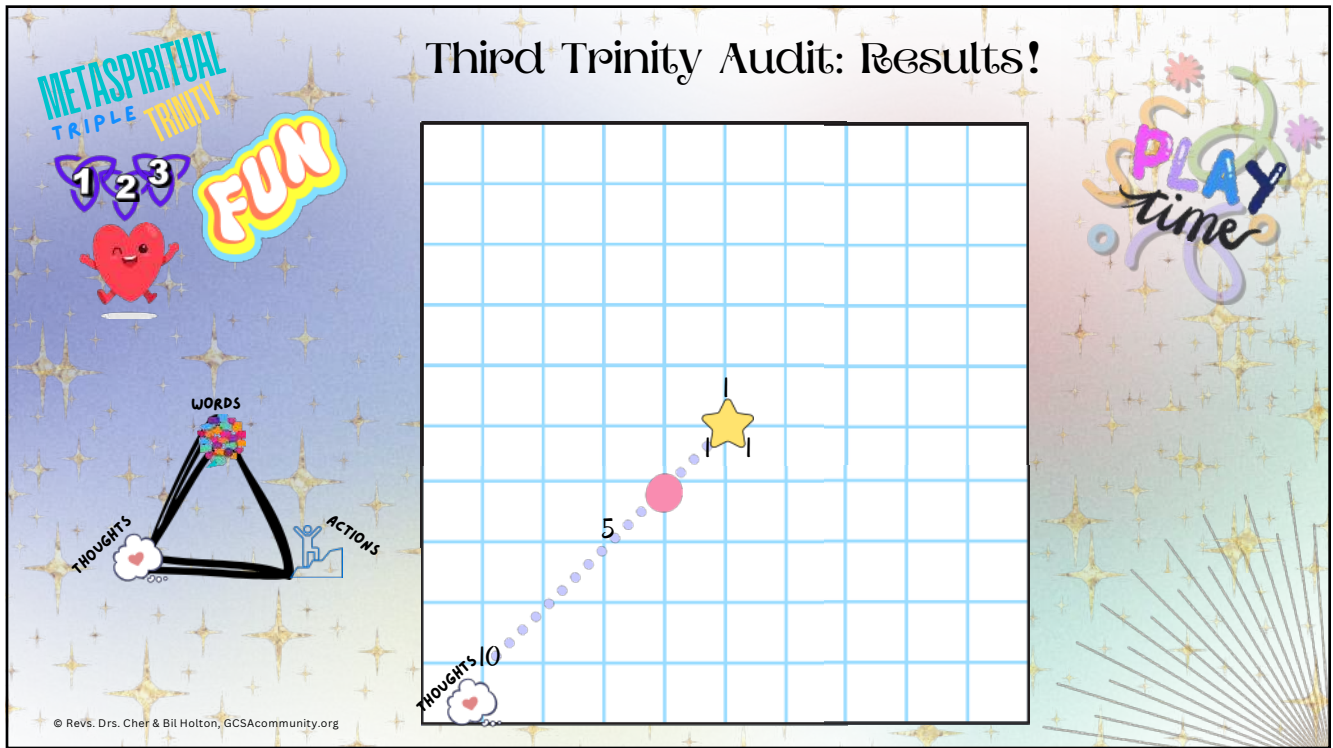
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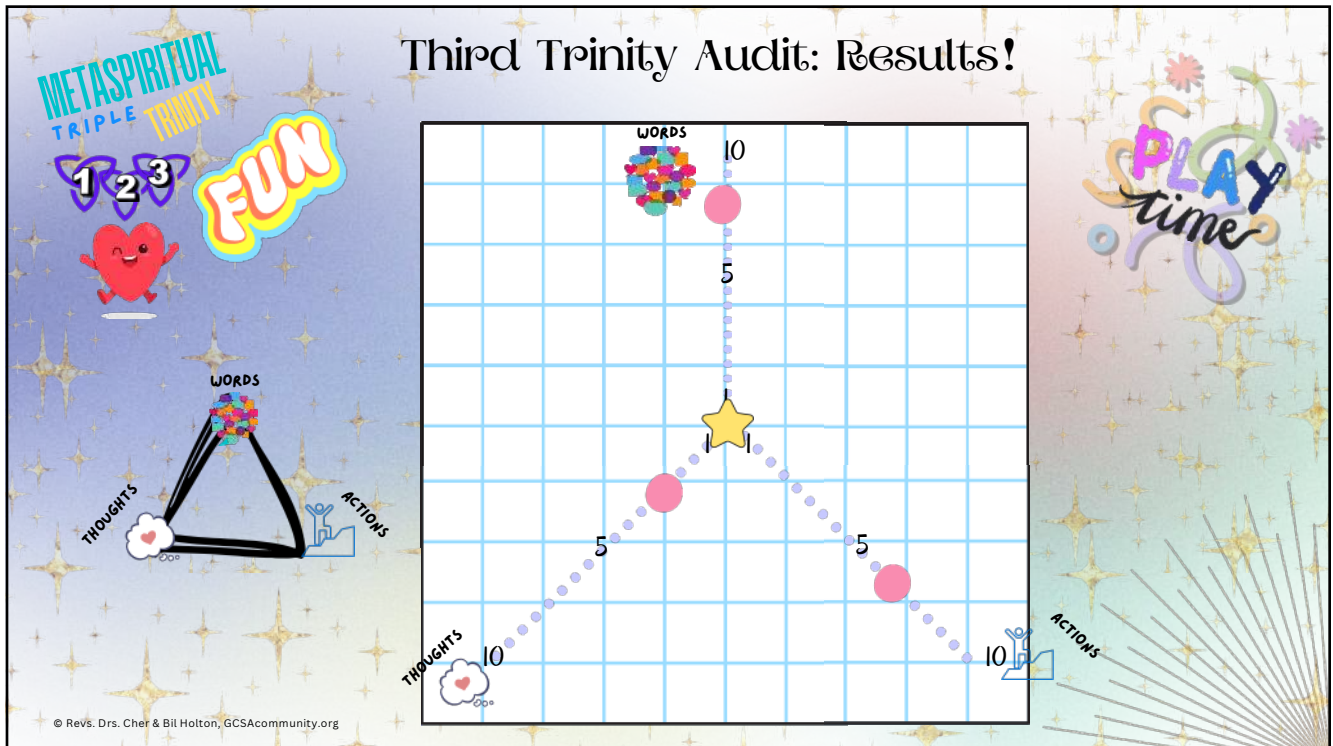
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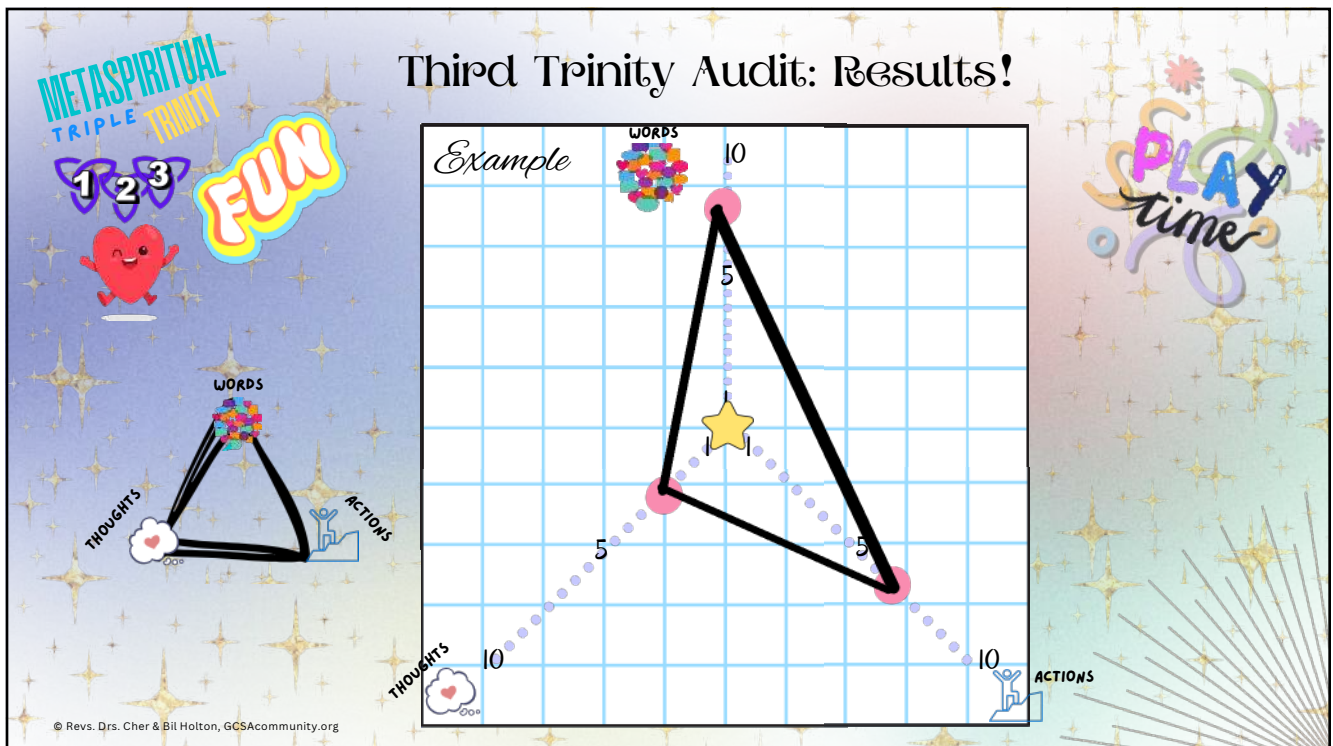
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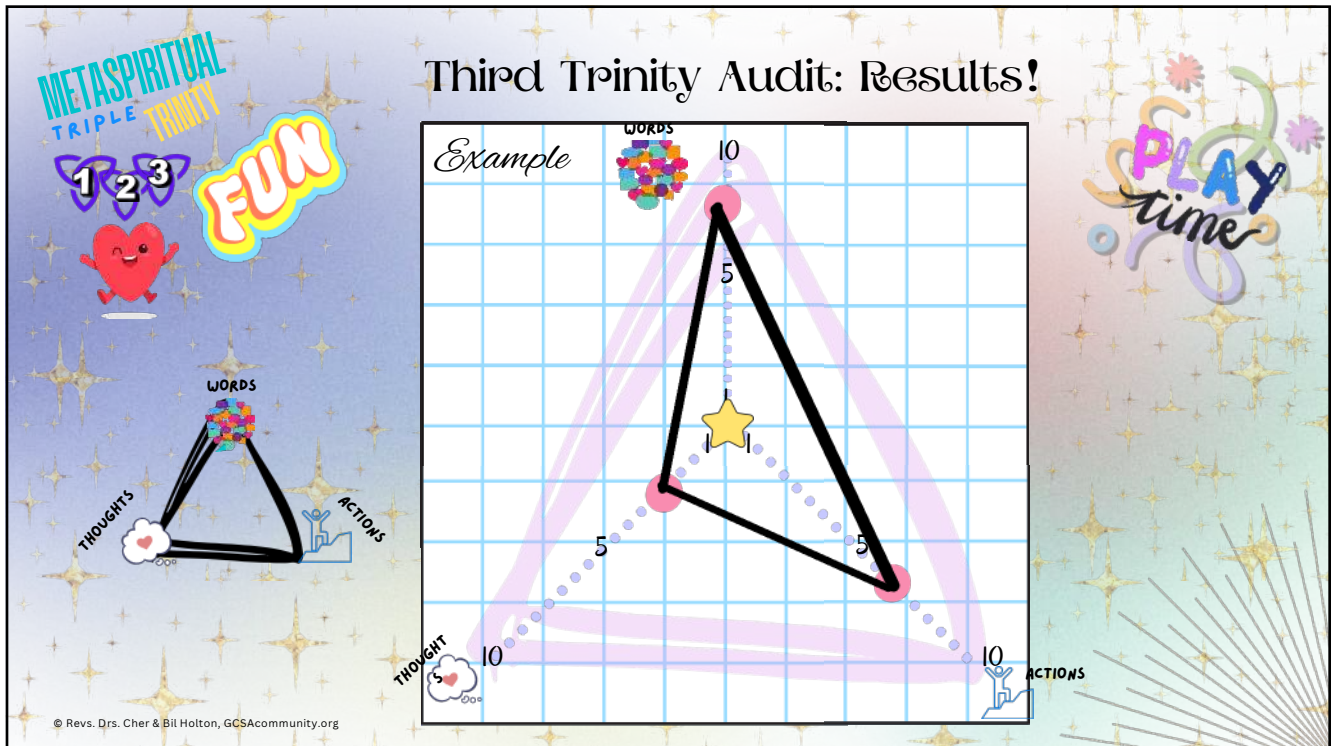
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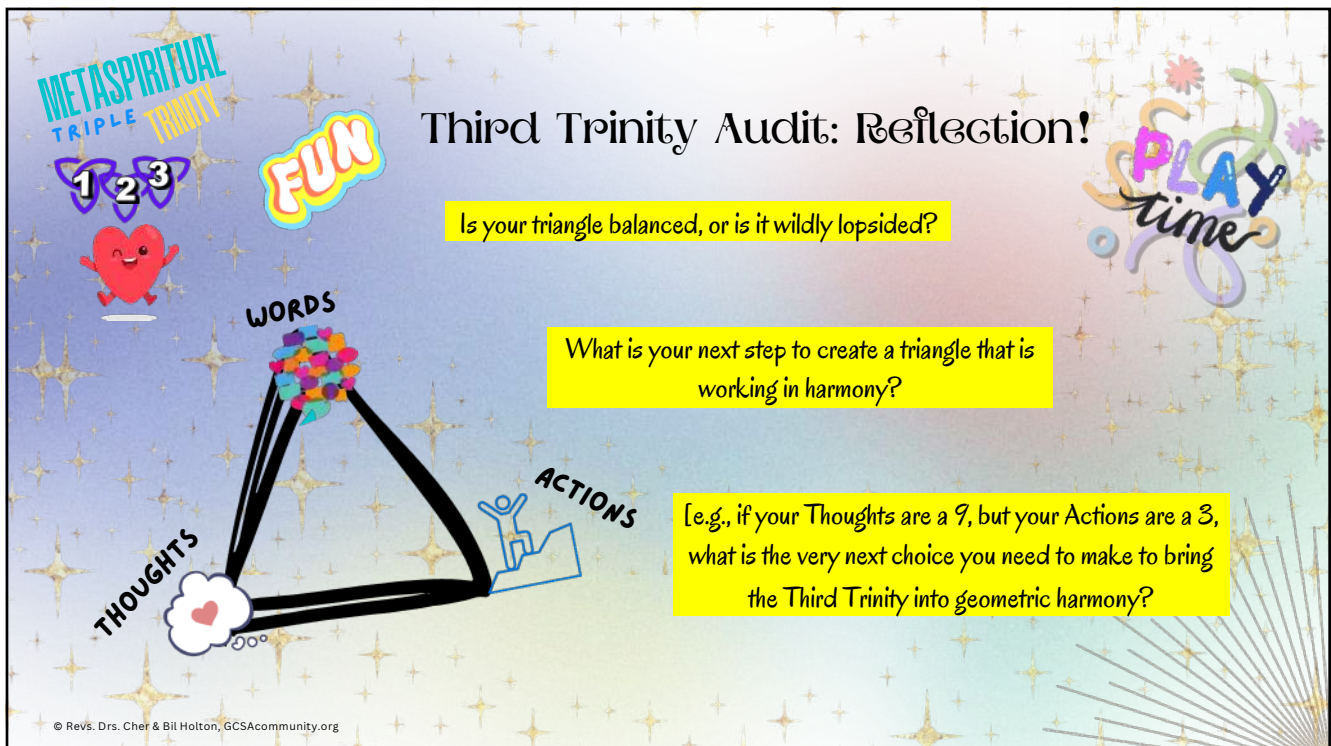
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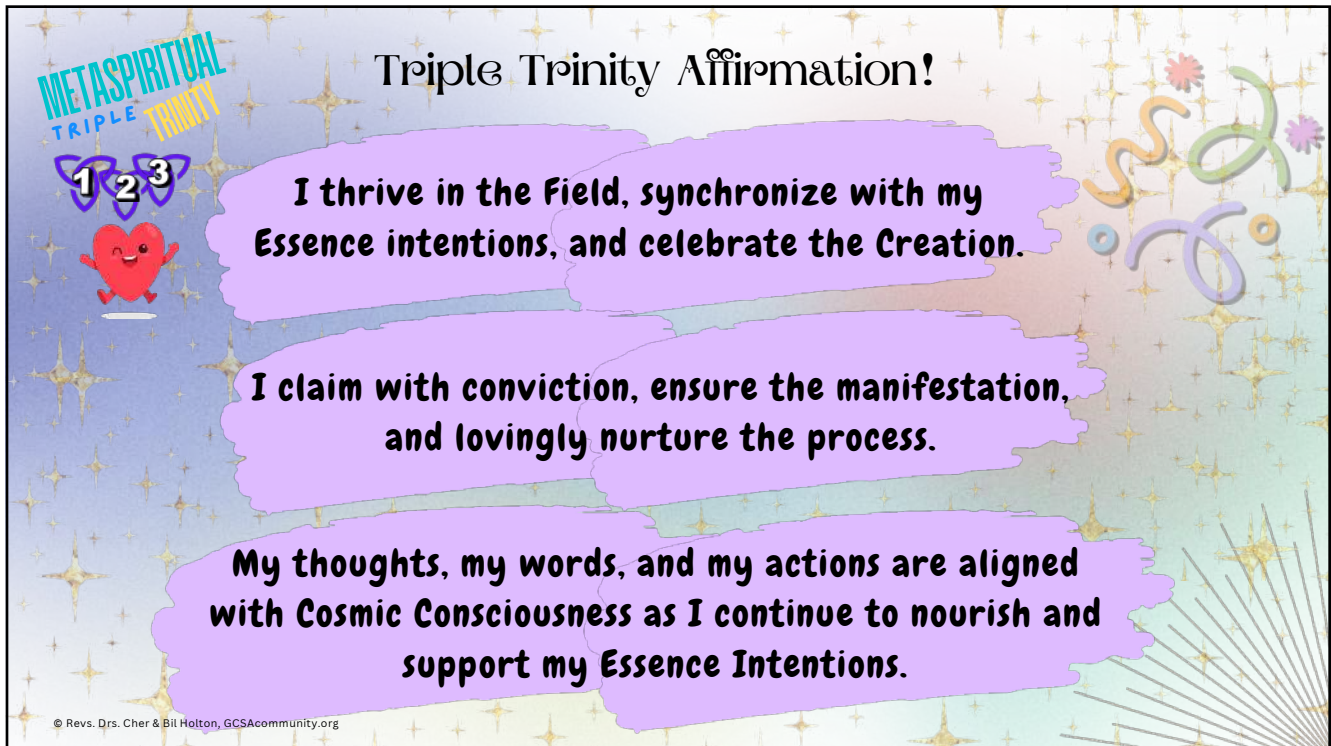
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13



14



Metaspiritual Triple Trinity

1 2 3

Triple Trinity Affirmation!

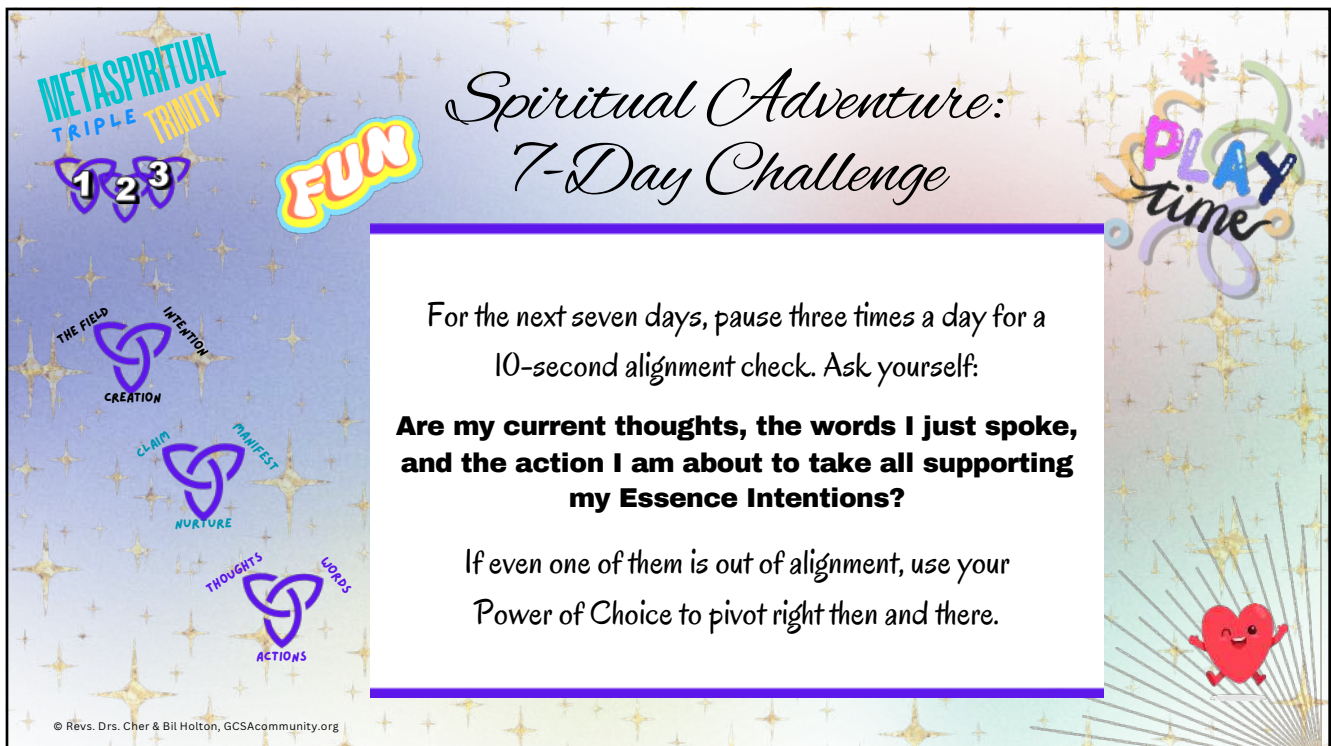
I thrive in the Field, synchronize with my Essence intentions, and celebrate the Creation.

I claim with conviction, ensure the manifestation, and lovingly nurture the process.

My thoughts, my words, and my actions are aligned with Cosmic Consciousness as I continue to nourish and support my Essence Intentions.

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15



Metaspiritual Triple Trinity

1 2 3

FUN

**Spiritual Adventure:
7-Day Challenge**

PLAY time

For the next seven days, pause three times a day for a 10-second alignment check. Ask yourself:

Are my current thoughts, the words I just spoke, and the action I am about to take all supporting my Essence Intentions?

If even one of them is out of alignment, use your Power of Choice to pivot right then and there.

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16