

From **DOGMA DAZE** *Spiritual Café* 

To **DHARMA DAZZLE!**

Sunday, Aug. 16 – 10:30-noon ET

To celebrate the “Dog Days of Summer,”
we’re going MetaSpiritual!
Let’s soar in Higher Consciousness as we
identify current beliefs & habits that are
keeping us in a Dogma Daze ...
and transform them into Dharma Dazzle!



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From **DOGMA DAZE** **THE DHARMA DAZZLE “STRETCH TEST”**
To **DHARMA DAZZLE!**



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From **DOGMA DAZE**
To **DHARMA DAZZLE!**

Definitions



- **Belief says: "This is what I currently think is true."**
- **Dogma says, "This is THE answer."**
- **Dharma says, "I'm open to question this."**



Dharma Dazzle: that sparkling state of being spiritually awake ... to keep questioning, growing, discovering and delighting in what we don't yet know.

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THE DOGMA DETECTOR

- 1** This is a belief I have & use right now.
- 2** I'm not sure about this, but it's worth exploring.
- 3** Possible Dogma Alert!

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STOP

THE DOGMA DETECTOR

1 This is a belief I have & use right now.

WHEN DOES A USEFUL SPIRITUAL BELIEF SET OFF A POSSIBLE DOGMA ALERT?

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STOP

THE DOGMA DETECTOR

WHEN DOES A USEFUL SPIRITUAL BELIEF SET OFF A POSSIBLE DOGMA ALERT?

Possible clues:

- We stop being curious.
- We become uncomfortable with questions.
- We need other people to agree.
- We start using spiritual language as shorthand for judgment.
- We interpret every event through one particular belief system.
- We stop saying "what if..." and start saying "Don't ask..."
- We become more interested in being right than being awake.

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